

English for Football – week 27

To be upbeat

This week's English for football is **upbeat**. The phrase originally comes from music. It refers to a conductor raising his or her arm as a signal to the orchestra. More informally, it is used to say you feel positive about something: you say you are **upbeat** about something. The phrase is also used often when news has been bad recently, but you are still optimistic and positive. So, this week England lost to Spain 2-0 and never really looked like competing. This was bad news. However, their coach Capello, remained **upbeat** about his team's performance, saying it was good practice for their next world cup qualifying game against Ukraine. He was **upbeat** about the performance.