1. What do you shout to a team mate when he or she is under pressure from an opponent?
   [ ] a. Man near
   [ ] b. Man on
   [ ] c. Man nearby
   [ ] d. Man it
   [ ] e. Man

2. You want to receive a pass on the ground from your team mate as it is easier to control. What do you say?
   [ ] a. On my head
   [ ] b. On my foot
   [ ] c. To feet
   [ ] d. To my foot
   [ ] e. Here

3. You are defending a corner and you want your team mates to get closer to the opponent's forwards. What would you say?
   [ ] a. Mark along
   [ ] b. Mark up
   [ ] c. Man on
   [ ] d. Mark on
   [ ] e. Push up

4. What would you say to a team mate when they have the ball and no opponent is near them?
   [ ] a. Man on
   [ ] b. Time up
   [ ] c. Easy
   [ ] d. Time
   [ ] e. Time in

5. It's a throw-in and you want to receive the ball on your chest. What is the best thing to say?
   [ ] a. Over
   [ ] b. Chesting
   [ ] c. Chest
   [ ] d. Throw it to me at my chest
   [ ] e. Square

6. Someone says 'time' to you when you receive the ball. Do you...
   [ ] a. not panic, control the ball and look up?
   [ ] b. quickly move away from the ball?
   [ ] c. hit the ball first time?
   [ ] d. mark a defender from the opposing side?
   [ ] e. do nothing?

7. One of your team mates shouts 'one-two'. What does this mean?
   [ ] a. Tackle him / her
   [ ] b. Fall down like Cristiano Ronaldo
   [ ] c. Take a corner
   [ ] d. Give a pass to him / her and run on to receive the ball back again
   [ ] e. Shoot
8. What is a through ball?
   [ ] a. A back pass to the keeper
   [ ] b. A pass that beats the opponent's defence and sets up a scoring chance
   [ ] c. A long clearance
   [ ] d. A one-two
   [ ] e. A backheel

9. Your captain screams 'push up' after a defensive corner has been taken. What do you do?
   [ ] a. Raise your hand and ask for offside
   [ ] b. Ignore your captain, he is always screaming at you.
   [ ] c. Move out of your defensive area quickly
   [ ] d. Kick the opponent's centre forward
   [ ] e. Run towards your keeper very quickly

10. Your midfield player shouts 'square ball'. What does he or she mean?
    [ ] a. Nothing. There is no such thing as a square ball.
    [ ] b. They want you to clear it
    [ ] c. They are behind you and want the ball
    [ ] d. They want the ball played forward
    [ ] e. They want a sideways pass played