This week's English for football is 'to be held'. In football this phrase is usually followed by 'to a draw' - 'to be held to a draw'. Now, to be held, means you can't move, you are stuck, and in football if one team 'holds' another, it means that they have stopped them winning. Usually the weaker side holds a stronger side to a draw. In this year's FA Cup third round, Chelsea were held to a draw by Southend. The weaker, less-famous side, Southend, held the stronger side, Chelsea, to a draw.

To be held to a draw.